

Nutrition Facts

Serving Size 1 slice (26g)

Servings Per Container 24

Amount Per Serving

Calories 70 Calories from Fat 10

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0.5g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 12g **4%**

Dietary Fiber less than 1g **3%**

Sugars 1g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 4%

Thiamin 6% • Riboflavin 4%

Niacin 4% • Folic Acid 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrates 4 • Protein 4

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID) WATER, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, YEAST, DOUGH CONDITIONERS (MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE), CALCIUM PROPIONATE (A PRESERVATIVE), YEAST NUTRIENTS (MONOCALCIUM PHOSPHATE, AMMONIUM SULFATE, CALCIUM SULFATE).

CONTAINS: WHEAT.

Gold Medal Bakery, Fall River, MA 02724
CT. LC. 3643